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A cura di

**Domenica Gazineo e Lea Godino**

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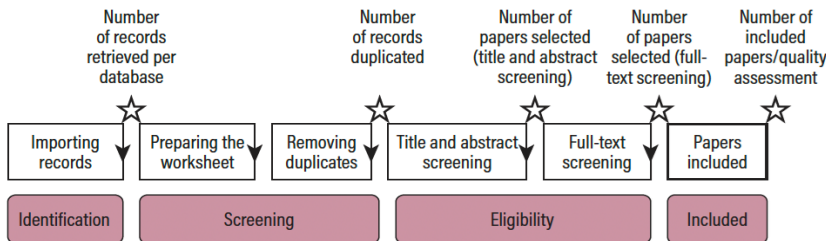
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- To appreciate the use of Microsoft Excel for systematic reviews
- To increase your awareness of all the steps of a systematic review, including importing references and documents, plus documenting the whole process, including intermediate results
- To learn how to create transparent and complete reports for systematic reviews

## How to structure Microsoft Excel documents for systematic reviews

Lea Godino

Figure 1. The six steps of the Excel method







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## L'ARTICOLO SCIENTIFICO



Gazineo D, Godino L, Savini S, Stefanizzi G, Scarpo E, Del Pin M, Canzi M, Zito MP, Fabbri C.  
[The COVID-19 emergency management in Nephrology: a cross-sectional survey on the procedures management to deal with the pandemic]. G Ital Nefrol. 4(8) (2022) pp. 85–93.

Giornale Italiano di Nefrologia

La gestione dell'emergenza COVID-19 in ambito nefrologico: i risultati di un'indagine trasversale sulla gestione delle procedure atte a fronteggiare la pandemia

Articoli originali

Domenica Gazineo<sup>1</sup>, Lea Godino<sup>1</sup>, Serenella Savini<sup>2</sup>, Stefanizzi Grazia<sup>3</sup>, Emiliana Scarpo<sup>2</sup>, Marco Del Pin<sup>3</sup>, Canzi Mara<sup>4</sup>, Maria Pia Zito<sup>4</sup>, Cinzia Fabbri<sup>1</sup>

1 IRCCS Azienda Ospedaliera Universitaria di Bologna (BO), Italia  
2 ASL Roma 4 Civitavecchia (Roma), Italia  
3 ASUSF Ospedale di Palmanova (UDINE), Italia  
4 Società Italiana Infermieri Area Nefrologica (SIAN), Italia



Domenica Gazineo

Corrispondenza a:

Dot.ssa Domenica Gazineo  
IRCCS Azienda Ospedaliera Universitaria di Bologna via Albertoni, 15  
40138 Bologna  
Tel. 3385436783  
Mail: domenica.gazineo3@unibo.it

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# ALCUNI ESEMPI

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## REVIEW

### Impact of presymptomatic genetic testing on young adults: a systematic review

Lea Godino<sup>1,2</sup>, Daniela Turchetti<sup>1</sup>, Leigh Jackson<sup>3</sup>, Catherine Hennessy<sup>3</sup> and Heather Skirton<sup>4</sup>

**Presymptomatic and predictive genetic testing should involve a considered choice, which is particularly true when testing is undertaken in early adulthood. Young adults are at a key life stage as they may be developing a career, forming partnerships and potentially becoming parents; presymptomatic testing may affect many facets of their future lives. The aim of this integrative systematic review was to assess factors that influence young adults' or adolescents' choices to have a presymptomatic genetic test and the emotional impact of those choices. Peer-reviewed papers published between January 1993 and December 2014 were searched using eight databases. Of 3373 studies identified, 29 were reviewed in full text. 11 met the inclusion criteria. Thematic analysis was used to identify five major themes: period before testing; experience of genetic counselling; parental involvement in decision-making; impact of test result communication; and living with genetic risk. Many participants grew up with little or no information concerning their genetic risk. The experience of genetic counselling was often reported as an opportunity for discussing problems or associated with feelings of disempowerment. Emotional outcomes of disclosure did not directly correlate with test results; some mutation carriers were relieved to know their status, however, the knowledge they may have passed on the mutation to their children was a common concern. Parents appeared to have exerted pressure on their children during the decision-making process about testing and risk reduction surgery. Health professionals should take into account all these issues to effectively assist young adults in making decisions about presymptomatic genetic testing.**

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**INTRODUCTION**  
Presymptomatic and predictive genetic testing are available for a number of heritable genetic disorders including hereditary cancer syndromes, inherited cardiac conditions and neurodegenerative genetic disorders. The terms 'presymptomatic' and 'predictive' genetic testing refer to the possibility of detecting a genetic mutation that causes a particular condition before the presentation of symptoms. The first term generally refers to those diseases in which a positive test result will inevitably lead to the development of the disease later in life (eg, Huntington disease (HD)); the second term refers to a broader range of diseases in which the risk for a disorder is increased but without necessarily implying any degree of certainty (eg, hereditary breast and ovarian cancer (HBOC)). However, these terms are often used in a broadly interchangeable manner. A substantial difference is that cancer disorders can be monitored through a surveillance protocol or prevented by surgical intervention, while no prevention is currently available for diseases such as HD or cerebellar ataxia. Therefore, the choice to undergo a presymptomatic test for disorders with incomplete penetrance and where there are preventive measures could have a highly different psychological and social impact when compared with testing for disorders with complete penetrance and no preventive options, particularly in young adults. In this review, the term 'presymptomatic' will be used to indicate both predictive and presymptomatic tests, but the different impact will be considered whenever appropriate.

A presymptomatic diagnosis of a serious genetic illness can have a profound impact on the person and family and should be managed using an individualised counselling process.<sup>1</sup> Presymptomatic genetic testing of minors (under the age of 18 years) is not usually recommended unless effective clinical actions are available.<sup>2–4</sup> Generally, there are three key arguments against presymptomatic genetic testing in adolescents or young people: that it (1) fails to respect the future autonomy of the young person, (2) breaches confidentiality and (3) may cause psychosocial harms.<sup>5</sup>

The age at which young people should undergo presymptomatic genetic testing for adult-onset disease is a matter of debate.<sup>6–8</sup> Key challenges have to be faced during the transition from adolescence to adulthood, such as marriage, finishing education, beginning full-time employment and becoming a parent, and the impact of testing may affect, and be affected by, each of these events. In the light of the above-mentioned issues, it would be appropriate to ask what health information and counselling young adults need to make prudent decisions about genetic testing. The purpose of this systematic review was therefore to systematically identify and analyse factors influencing young adults' or adolescents' choices to have a presymptomatic test and the emotional impact of those choices.

**MATERIALS AND METHODS**  
**Design**  
A systematic review is a method of assessing, assessing and synthesising a body of evidence on a particular topic. This systematic review was conducted in accordance with the Centre for Reviews and Dissemination methods for conducting reviews in health care with the aim of assessing which factors influence young adults' or adolescents' choices to have a presymptomatic test for a genetic condition and the emotional impact of those choices.

Important to consider the influence of the specific disease considered: the perception and experience of harms and benefits from the test result for a potentially treatable condition (such as HBOC and FAP; celiac) may not be the same as for conditions for which there are no preventive treatment or cure (such as HD).

A potential limitation of this systematic review is that all the papers analysed are based on studies conducted in only four countries with similar British historical and cultural legacies, thus the findings may not generalise to other countries with different sociocultural backgrounds, supporting the need for further studies in other contexts. On the other hand, the papers analysed spanned across several diseases, while considering similar age ranges, thus providing a comprehensive overview of how young adults deal with genetic testing overall and according to the specific disease.

**CONFLICT OF INTEREST**  
The authors declare no conflict of interest.

**ACKNOWLEDGEMENTS**  
L.G. is supported by the Grant from Regione Emilia-Romagna 'Diagnostica precoce in hereditary breast cancer (DSANE)' (PR14/08–2011-001).

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**Research Article**

## Genetic counseling: A survey to explore knowledge and attitudes of Italian nurses and midwives

Lea Godino, RN<sup>1,2</sup>, Daniela Turchetti, MD<sup>3</sup> and Heather Skirton, PhD<sup>4</sup>  
*Medical Genetic Clinic, University of Bologna, Bologna, Italy and Faculty of Health, Education and Society, Plymouth University, Plymouth, UK*

**Abstract**  
In the past, genetic services were delivered to a limited number of families with rare conditions. However, genomics is now being applied to both inherited and common diseases in a range of healthcare settings, and there is a greater need for nurses to understand the basic concepts of genetic health care. The aim of this cross-sectional survey was to explore the understanding and attitudes of Italian nurses toward genetic health care. A questionnaire was completed by 102 nurses and midwives (85% response rate). Of these, 61% believed that genetic counseling was only an informative and advisory process, and 53.9% could not specify to whom the counseling was aimed. When asked to identify nurses' role in genetic health care, 62% of the respondents believed they had no role, although 29% believed that nurses could provide information, support, and counseling. These findings indicate that nurses have only partial knowledge of the issues surrounding genetic health care. To prepare nurses for the post-genomic era, improved genetic education at the undergraduate and postgraduate levels is required.

**Key words** genetic counselling, genetics, Italy, midwives, nurses, survey.

**INTRODUCTION**  
In the past, medical genetics was a small specialty, delivering services to a limited number of families with conditions caused by a chromosomal abnormality or genetic mutation. Individually, each of these conditions is relatively rare; however, when viewed as a group, it is clear that genetic conditions do affect a significant number of people in the general population. Nurses have always been involved in offering care to individuals who are affected by one of a large number of genetic conditions, but this situation is changing. In the past, access to specialist genetic services and genetic testing was generally not available to patients with concerns about the genetic component of more common diseases, such as coronary heart disease and diabetes. Developments in technology have enabled the detection of genetic contributions to common diseases (Cullins, 2004) and the identification of inherited subsets of diseases, such as diabetes (Shepherd *et al.*, 2001). As a result, the study of genetics has become progressively more important to healthcare providers in Europe, where an estimated 30 million people now suffer from diseases with a genetic component (Castaman, 2005). Nowadays, the number of people requiring genetic counseling has increased due to technological progress and molecular research. In addition, there have been

Correspondence address: Lea Godino, University of Bologna, L10 Genetica Molecolare, Policlinico Sant'Orsola-Maggioli, via Massarotti, 9, Bologna 40138, Italy. Email: lea.godino@unibo.it

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**Table 3.** Role of nurses and midwives in providing genetic counseling

	Providing information, counseling, and support	Collecting data	Minimal role	No role
Role of nurses in providing genetic counseling	28.0% (n = 29)	3.0% (n = 3)	7.0% (n = 7)	62% (n = 63)
Role of midwives in providing genetic counseling	39.0% (n = 40)	2.0% (n = 2)	15.0% (n = 15)	44.0% (n = 45)

for mainstream health care, and genetics education was not needed to prepare nurses for practice. In an international survey of nursing leaders in 10 countries from six continents, Kirk *et al.* (2011) also discovered that there were existing challenges to integrating genetics into nursing in all the countries studied; these included identifying nursing competences in genetics to integrating genetics into the nursing curricula. The authors call for more support by nurses at senior levels in government, regulatory bodies, and education to facilitate change, but do not specifically cite nurse managers at the institutional level as key personnel in this regard. As the low priority of genetics in nursing appears to be a global issue, it is unsurprising that nurses in Italy do not recognize the relevance of genetics to their practice.

The present study was a small study of nurses and midwives working in one city, and in departments where referral to genetic services is most likely (perinatal care). Although the response rate was very good (85%), further research is needed to establish whether the views and knowledge of nurses in this study are reflected across Italy and in different clinical contexts. We acknowledge the weaknesses of the study; one being the lack of a pilot study, and another, the use of invalidated tools. However, we were unable to find any previously used tools that would have served the purpose of surveying nurses on this topic.

**Conclusion**  
Genetic counseling is not only a transmission of information, but a process in which patients' emotional and psychological situations are considered and supported (Freedwater, 2003). In view of the findings, there appears to be a need to include more genetics material in nurse training courses, in particular with respect to genetic counseling and medical genetics issues. Nurses who work closely with patients and their families can then play a more effective role in supporting those with genetic conditions.


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NEL FIDUCIARIO  
RUOLO COMPETENZE  
E SOSTENIBILITÀ



# Introduction to Mendeley




Società Infermieri  
Area Nefrologica  
**SIAN**  
Italia


"It's time to change the way we do research"

[www.mendeley.com](http://www.mendeley.com)



42  
INFERMERISTICA  
NELLA CLINICA  
NUOVO COMPETENZE  
SOSTENIBILITÀ



Società Infermieri  
Area Nefrologica  
**SIAN**  
Italia

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**Why you should read this article:**

- To appreciate the use of Microsoft Excel for systematic reviews
- To increase your awareness of all the steps of a systematic review, including importing references and documents, plus documenting the whole process, including intermediate results
- To learn how to create transparent and complete reports for systematic reviews

## How to structure Microsoft Excel documents for systematic reviews

Lea Godino

**Figure 1. The six steps of the Excel method**

	Number of records retrieved per database	Number of records duplicated	Number of papers selected (title and abstract screening)	Number of papers selected (full-text screening)	Number of included papers/quality assessment
Importing records	★	★	★	★	★
Preparing the worksheet					
Removing duplicates					
Title and abstract screening					
Full-text screening					
Papers included					


Identification

Screening


Eligibility

Included

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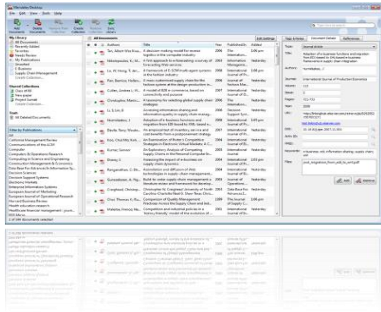


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**SIAN**  
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# What is Mendeley?




Mendeley is a **reference manager** allowing you to manage, read, share, annotate and cite your research papers...

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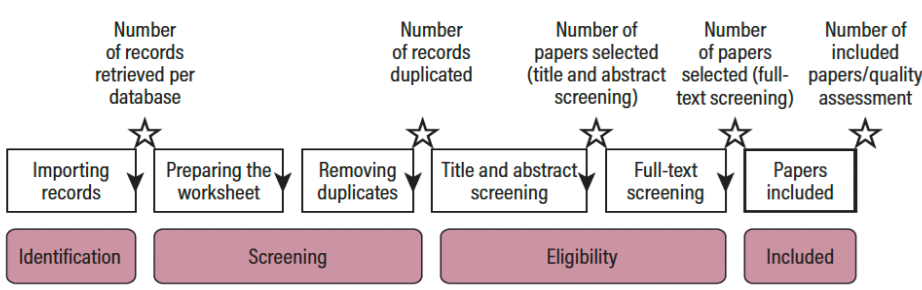
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## How to structure Microsoft Excel documents for systematic reviews

Lea Godino

**Figure I. The six steps of the Excel method**



Number of records retrieved per database

Number of records duplicated

Number of papers selected (title and abstract screening)

Number of papers selected (full-text screening)

Number of included papers/quality assessment

Importing records

Preparing the worksheet

Removing duplicates

Title and abstract screening

Full-text screening

Papers included


Identification

Screening


Eligibility

Included

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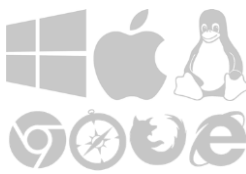
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NELLA CLINICA  
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SOSTENIBILITÀ




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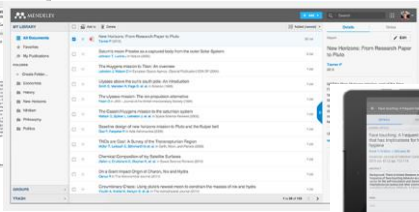
# What is Mendeley?

- Free Academic Software
- Cross-Platform (Win/Mac/Linux)
- All Major Browsers






Desktop

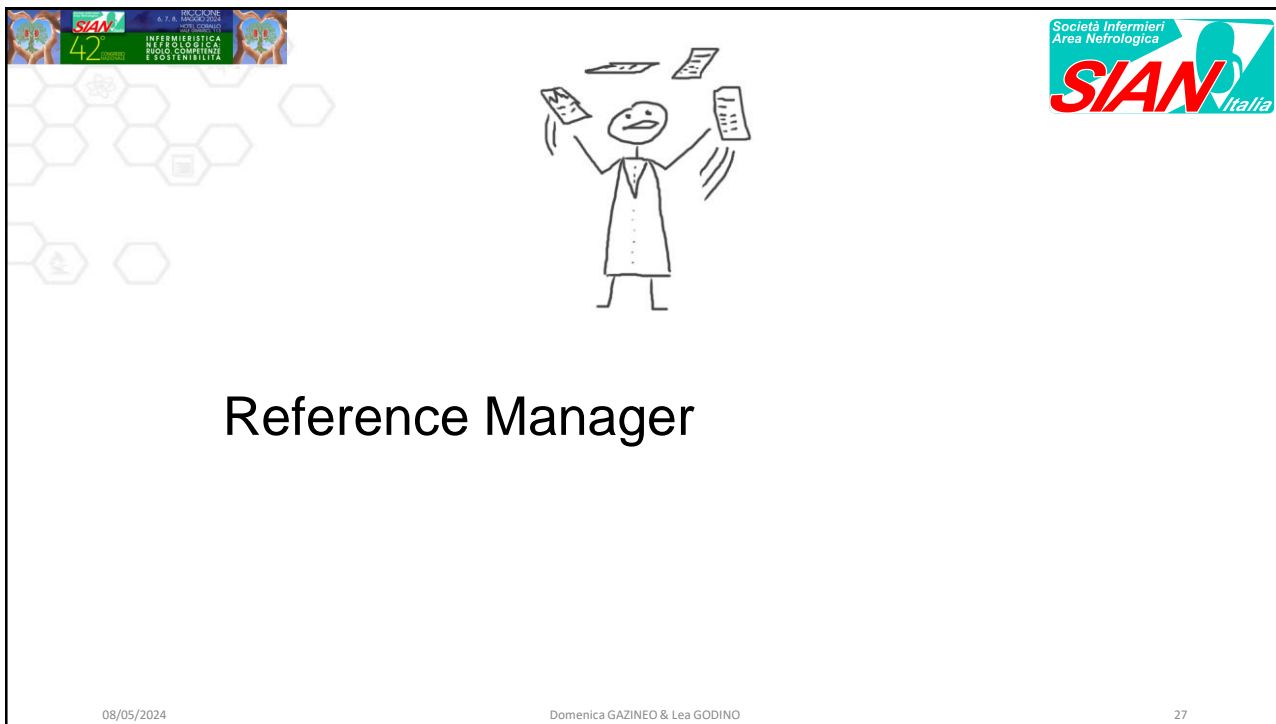


Web



Mobile

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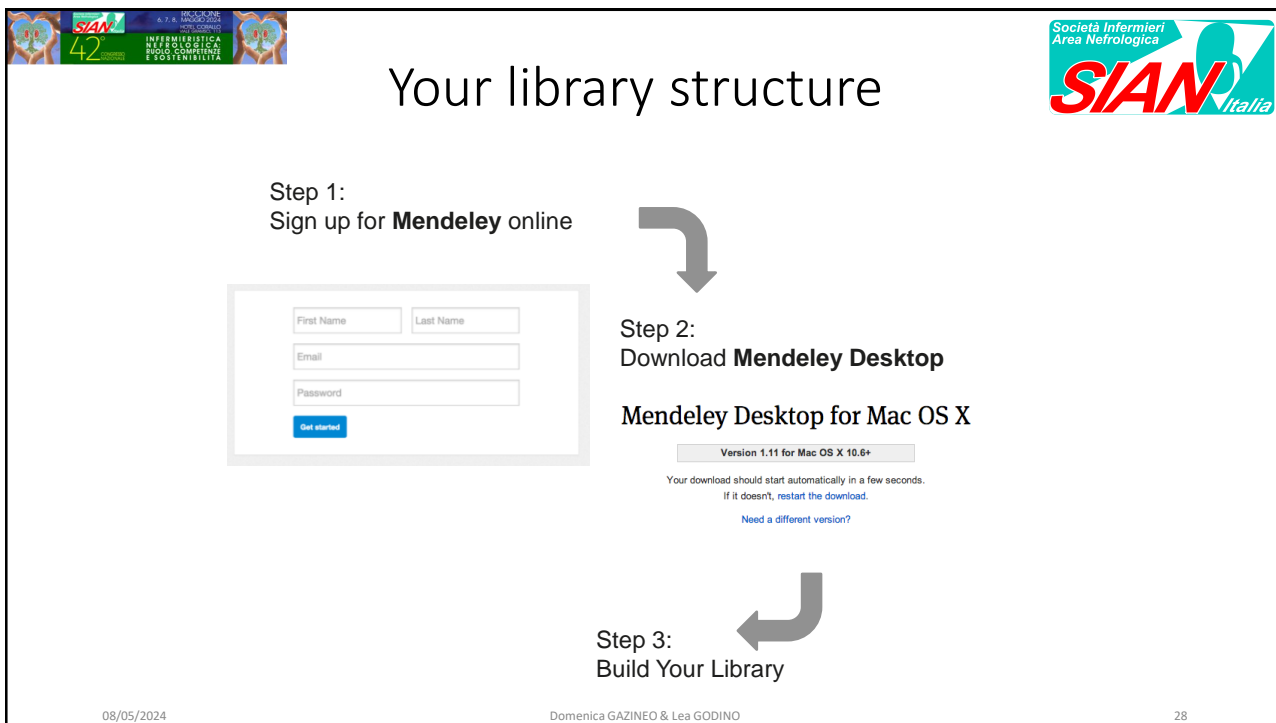
Reference Manager

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The slide features a central illustration of a person in a white lab coat holding up several sheets of paper. In the top left corner, there is a small graphic with the SIAN logo and the text '42 ANNI DI ATTIVITÀ' and 'INFERMERISTICA HA LA QUALITÀ, IL BUDGET, LE COMPETENZE E LA SOSTENIBILITÀ'. In the top right corner, there is the SIAN Italia logo with the text 'Società Infermieri Area Nefrologica'. The background has a faint pattern of hexagons.



Your library structure

Step 1:  
Sign up for **Mendeley** online

Step 2:  
Download **Mendeley Desktop**  
**Mendeley Desktop for Mac OS X**  
Version 1.11 for Mac OS X 10.6+  
Your download should start automatically in a few seconds.  
If it doesn't, [restart the download](#).  
[Need a different version?](#)

Step 3:  
Build Your Library

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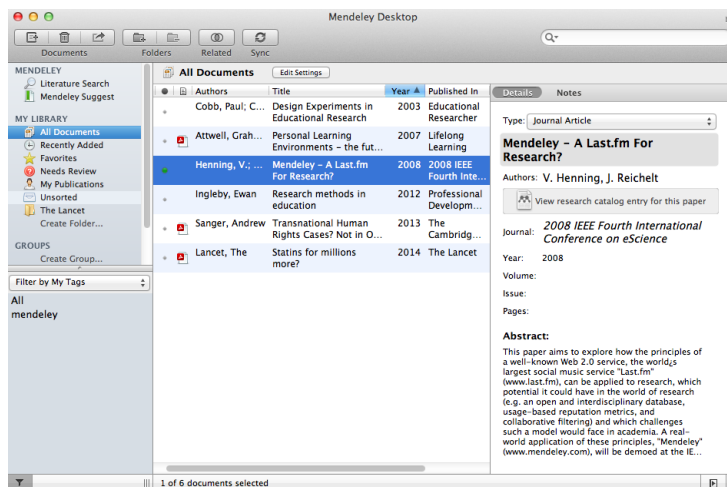
28

The slide illustrates a three-step process for setting up a library. Step 1 shows a registration form with fields for 'First Name', 'Last Name', 'Email', and 'Password', and a 'Get started' button. Step 2 shows a download button for 'Mendeley Desktop for Mac OS X' and a note about automatic download. Step 3 is indicated by a curved arrow pointing from Step 2. The slide includes the same SIAN logos and background pattern as the previous slide.





# Mendeley Desktop overview



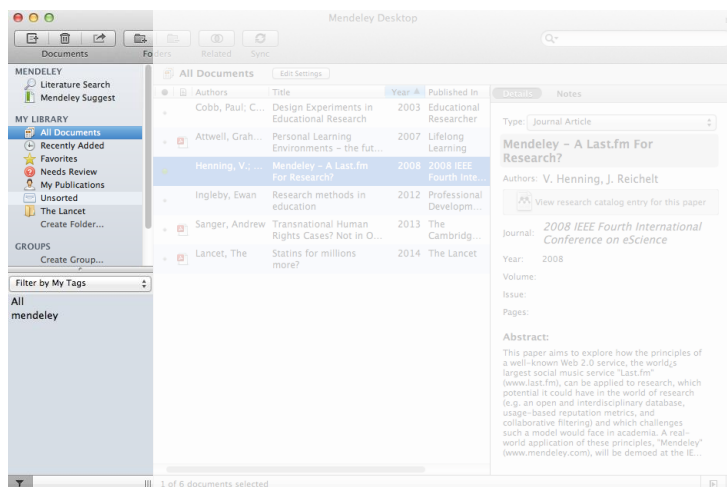
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# Your library structure



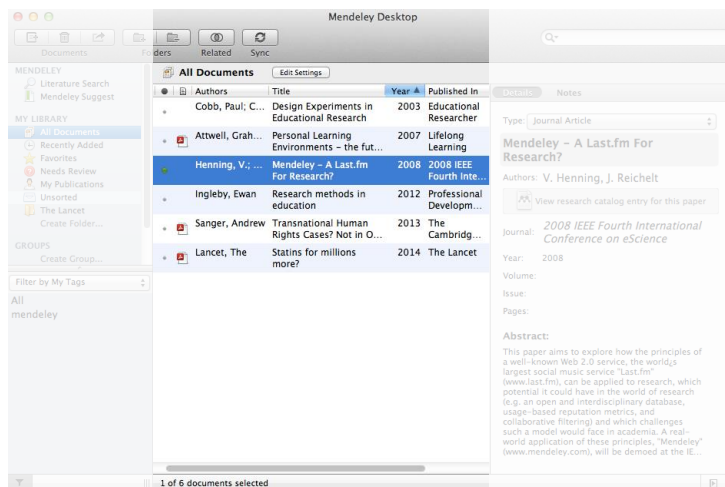
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# Your references



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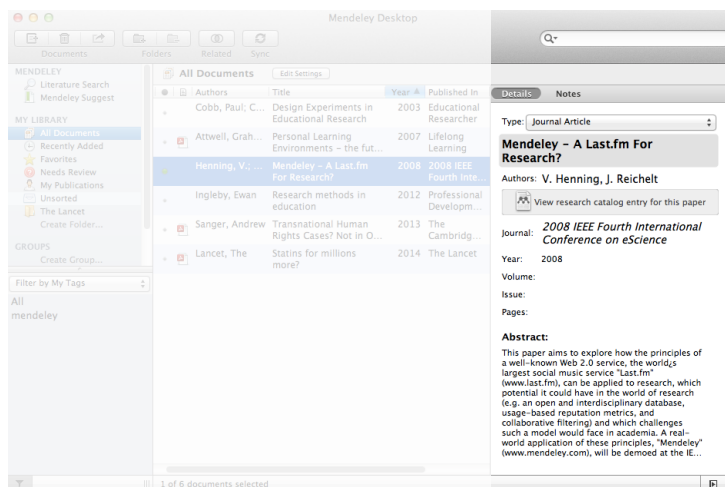
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# Document details



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# Adding Documents

Import your references from BibTeX, Endnote, RIS or Zotero

Select a file or folder to add from your computer

Watch a folder

Add references manually

You can also:

- Use the Web Importer to add from online databases

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# Adding New Research

## Mendeley Web Importer

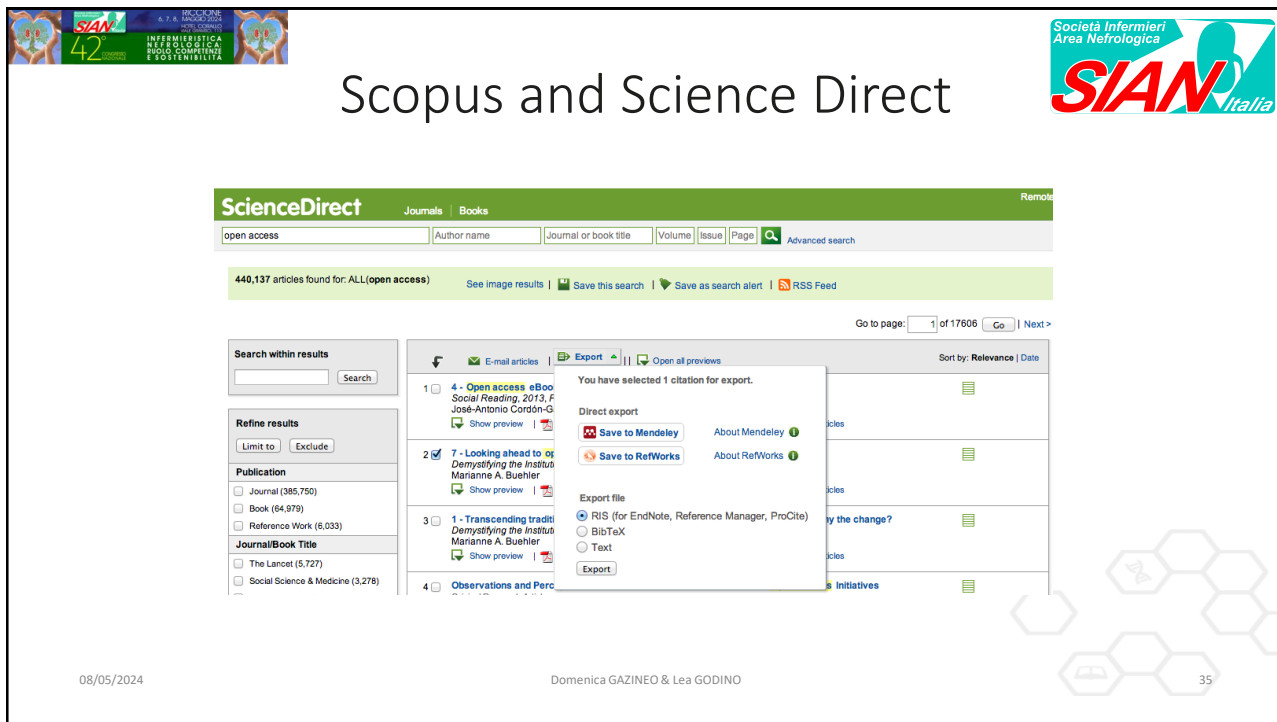
Click 'Save to Mendeley' to import references from your search results

Select an article and import the reference to your library in one click.

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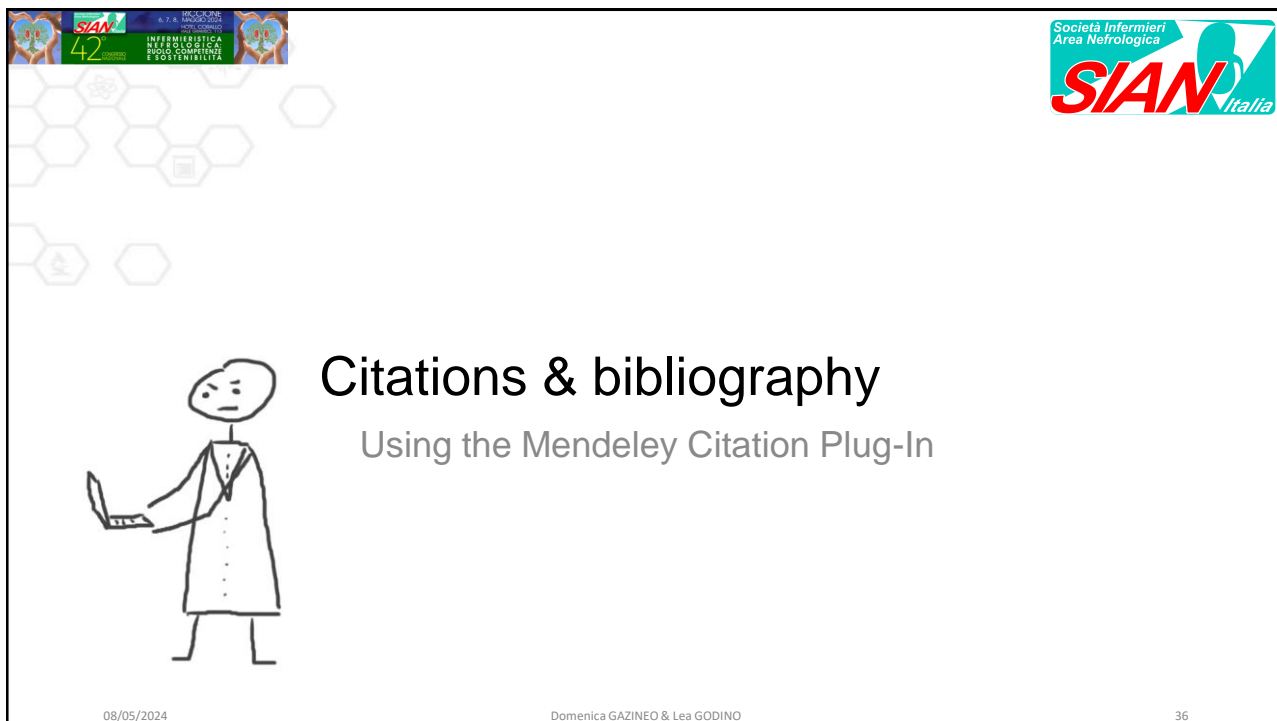


The screenshot displays the ScienceDirect website interface. At the top left, there are logos for SIAN 42 and a banner for the 42nd anniversary of the Italian Society of Nephrology Nurses. The main title is "Scopus and Science Direct". The ScienceDirect logo is at the top right. Below the title, there is a search bar with fields for "open access", "Author name", "Journal or book title", "Volume", "Issue", and "Page". A search button and "Advanced search" link are also present. Below the search bar, it indicates "440,137 articles found for: ALL(open access)". There are links for "See image results", "Save this search", "Save as search alert", and "RSS Feed". A "Go to page:" dropdown shows "1 of 17606" with "Go" and "Next" buttons. On the left, there are sections for "Search within results" and "Refine results" with filters for "Publication" (Journal, Book, Reference Work) and "Journal/Book Title" (The Lancet, Social Science & Medicine). The main content area shows a list of search results with a pop-up menu for "Export" options: "Save to Mendeley", "Save to RefWorks", "RIS (for EndNote, Reference Manager, ProCite)", "BibTeX", and "Text".

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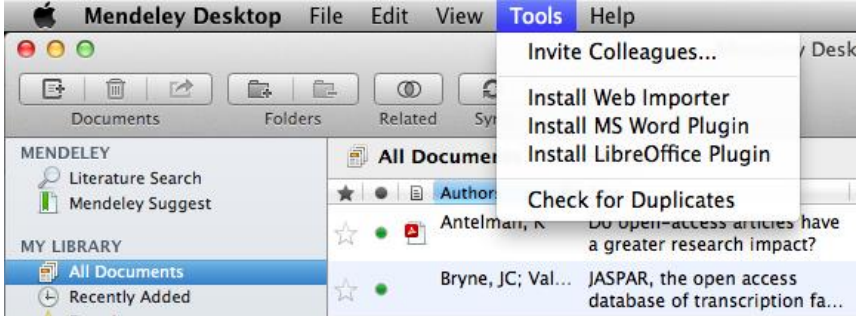


The slide features a white background with a faint hexagonal pattern. At the top left, there are logos for SIAN 42 and a banner for the 42nd anniversary of the Italian Society of Nephrology Nurses. The SIAN Italia logo is at the top right. The main title is "Citations & bibliography" in a large, bold font, with the subtitle "Using the Mendeley Citation Plug-In" below it. On the left side, there is a simple line drawing of a person in a white lab coat standing next to a laptop. The date "08/05/2024" is at the bottom left, and the authors "Domenica GAZINEO & Lea GODINO" are at the bottom center. The page number "36" is at the bottom right.



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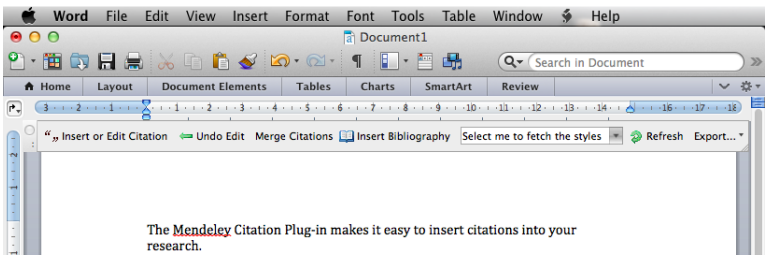
36



## Install the Citation Plug-in

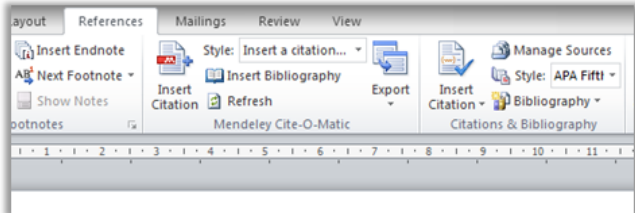


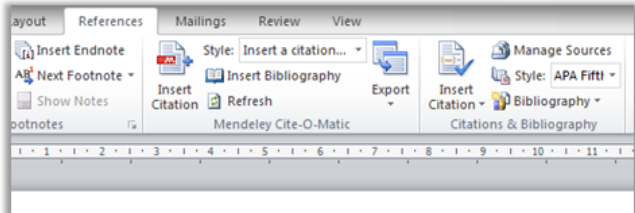
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## The Citation Tool Bar Appears in Word Automatically

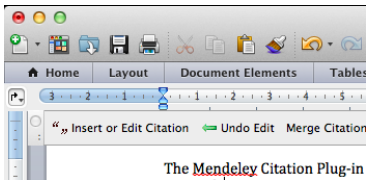
The Mendeley Citation Plug-in makes it easy to insert citations into your research.

↑ Mac

← Windows

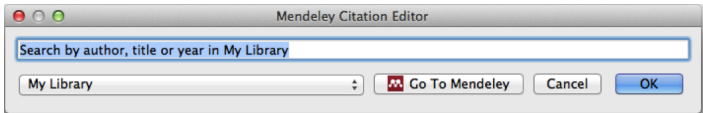
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## Generate In-Text Citations in Word

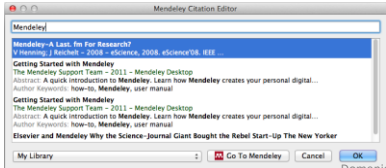


1. Click 'Insert or Edit Citation'

2. Search by author, title or year, or select a document from your Mendeley library




3. Select the article or book, and click 'OK' to automatically cite that text in Word

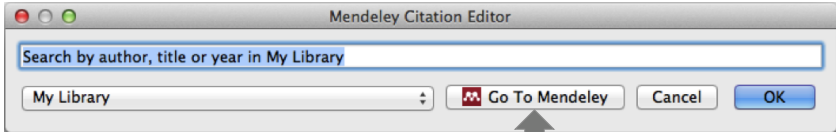


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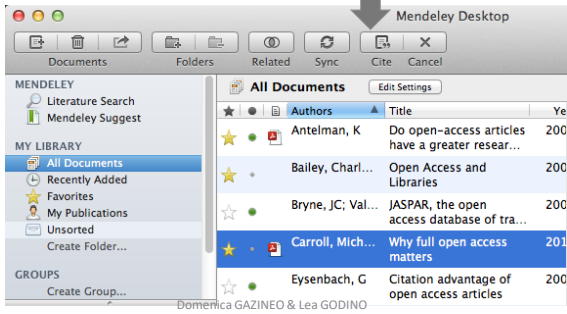


## Finding a Reference in Your Library



1. Click "Go to Mendeley"


2. The 'Cite' button appears



Authors	Title	Year
Antelman, K	Do open-access articles have a greater resear...	200
Bailey, Charl...	Open Access and Libraries	200
Bryne, JC, Val...	JASPAR, the open access database of tra...	200
Carroll, Mich...	Why full open access matters	201
Eysenbach, G	Citation advantage of open access articles	200

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**Merging Citations**

The Mendeley Citation Plug-In makes it easy to insert citations into your research. (Carroll, 2011)(Nariani & Fernandez, 2012)

↓

„ Insert or Edit Citation ← Undo Edit Merge Citations Insert Bibliography American Psychological... Refresh Export...

The Mendeley Citation Plug-In makes it easy to insert citations into your research. (Carroll, 2011; Nariani & Fernandez, 2012)

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**Inserting Your Bibliography**

dit Citation ← Undo Edit Merge Citations Insert Bibliography American Psychological... Refresh Export...

↑

The Mendeley Citation Plug-in makes it easy to insert citations into your research. (Henning & Reichelt, 2008)

1. Click 'Insert Bibliography'

2. Choose your style

3. Done!

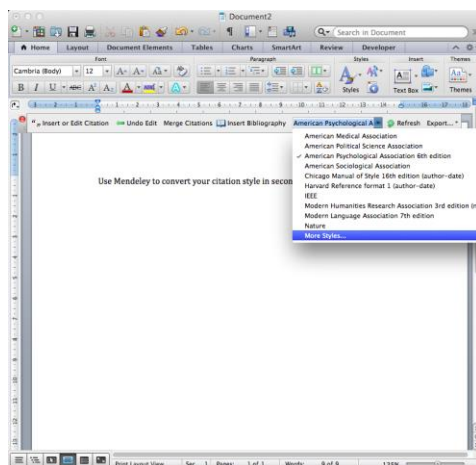
The Mendeley Citation Plug-in makes it easy to insert citations into your research. (Henning & Reichelt, 2008)

Henning, V., & Reichelt, J. (2008). Mendeley-A Last. fr 2008. eScience'08. IEEE .... Retrieved from [http://ieeexplore.ieee.org/xpls/abs\\_all.jsp?arnumber=4736778](http://ieeexplore.ieee.org/xpls/abs_all.jsp?arnumber=4736778)

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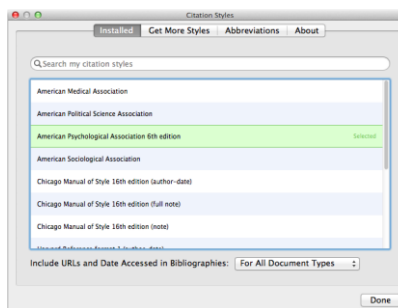


## Finding a CSL Style



Select your style, or

Search Mendeley's database of 6,000+ citation styles



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## Mendeley

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*Grazie!*

*Referenti Gruppo di ricerca SIAN*

*Domenica Gazineo: [domenica.gazineo3@unibo.it](mailto:domenica.gazineo3@unibo.it)*

*Lea Godino: [lea.godino2@unibo.it](mailto:lea.godino2@unibo.it)*